

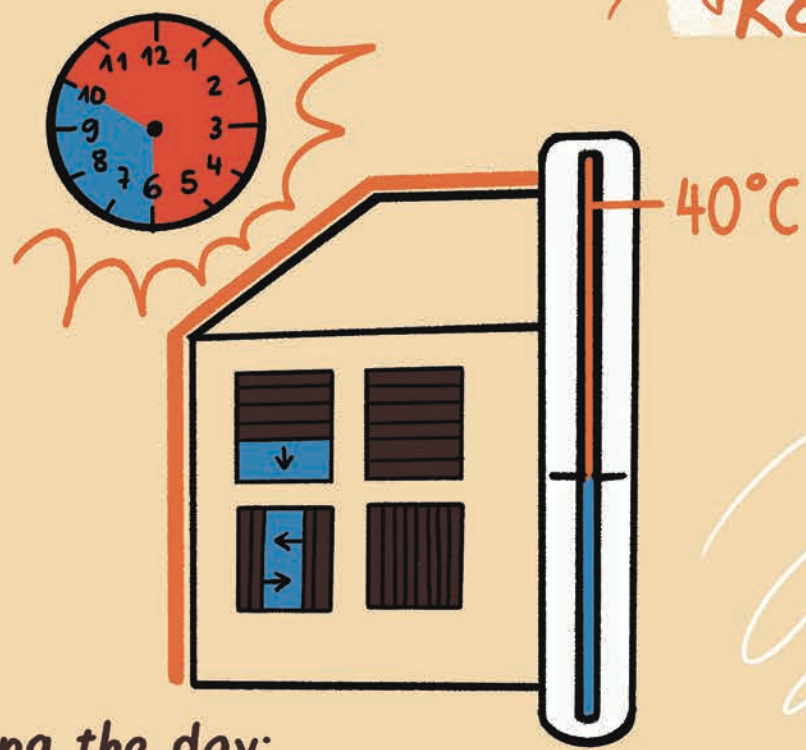
Together on the way to a sustainable university



The last 5 years* were the hottest years in Saxony-Anhalt since weather records began. The 40°C mark was broken for the first time in 2022. The region is one of the driest in Germany. * except 2021

What to do in the heat? Every degree counts!

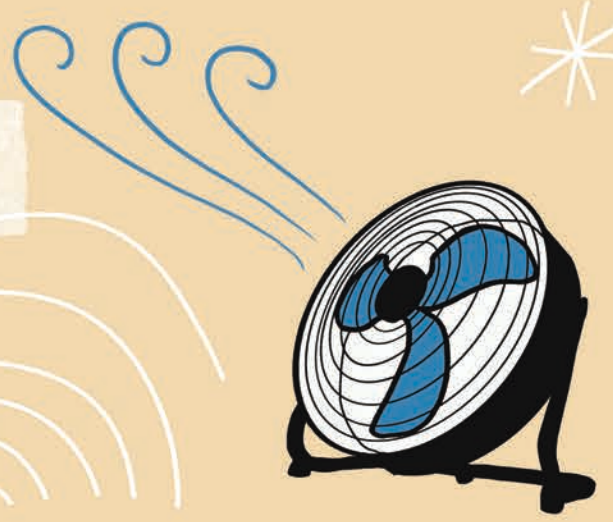
AVOID OVERHEATING THE ROOMS KEEP HEAT OUT OF THE BUILDING:



During the day:
Shade window areas, lower sun blinds, ventilate in the morning until 10 a.m. and late in the evening to ensure cooling.



Operate as few electrical appliances (printer, lamp, coffee machine, etc.) as possible in the room so that no unnecessary heat is generated.



Use fans, preferably directed towards the ceiling for perfect air circulation (must be checked by Department 3)

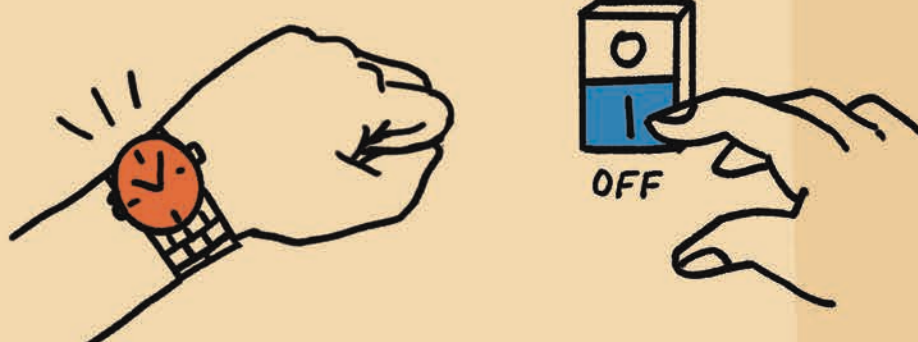


If possible, move working hours to the morning hours.

COOLING BY AIR CONDITIONING IS POSSIBLE IN SOME ROOMS AT THE HOME:



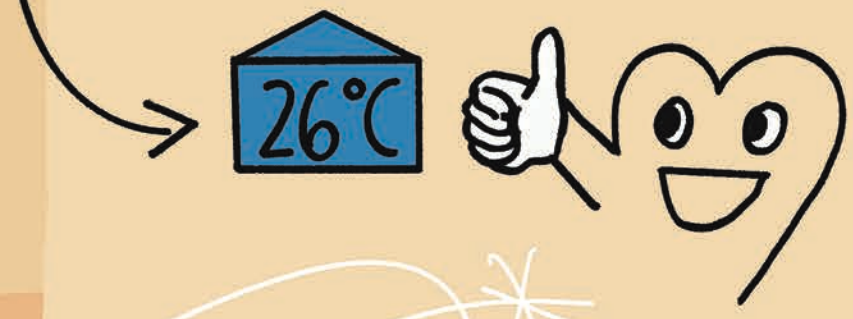
Keep all doors and windows closed at all times while air-conditioning is in operation.



You can turn off the AC a few minutes before you're leaving the lecture hall. The room temperature is maintained for a short time.

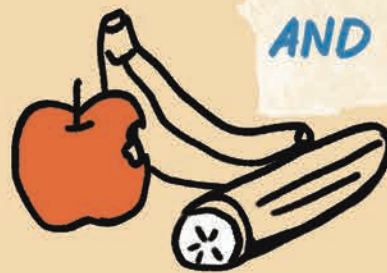


Please note: Set the temperature on the air conditioning unit as close as possible to the outside temperature. Every additional degree of cooling requires more energy. Risk of AC cold increases.



Do not switch on the air conditioning until the room temperature reaches 26 degrees.

AND WHAT ELSE?



Light meals (fruit and vegetables)



Drink enough (room temperature)



Airy clothes (cotton and linen)

Water sprayer with fine spray.



Perhaps an ice cream under one of the shady trees on our green campus will also help?

Special arrangements for pregnant women and people with health-related restrictions



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Thank you for your contribution to making the university environmentally friendly.



Illustration: Mimi Hoang